

# The Catholic Holy Hour of Reparation

Compiled by Richard Joseph Michael Ibranyi



“Could you not watch one hour with me?  
Watch ye and pray that ye enter not into temptation.”  
(Matthew 26:40-41)

*For the glory of God; in honor of the Blessed Virgin Mary, St. Michael, St. Joseph, Ss.  
Joachim and Anne, St. John the Baptist, the other angels and saints;  
and for the salvation of men*

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**Mary's Little Remnant**

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*When recited as a group: Unless otherwise noted, the leader announces prayer titles and begins all prayers and invocations (short prayers in italics); the leader (L) and responders (R) alternate at each asterisk (\*); and sections labeled "All" are said together.*

### KNEEL

**All:** ✠ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

*Here make the following intention for the Holy Hour.*

We offer up this holy hour to make reparation for all the blasphemes against the Lord our God, the Most Blessed and Holy Trinity, God the Father, God the Son, and God the Holy Spirit; and then for all the blasphemes against the Blessed Virgin Mary, the saints, the Holy Catholic Church, and the Holy Catholic Faith. And we offer this holy hour for Catholics, the suffering souls in Purgatory, the conversion of unbelievers, and for our daily intentions.

**All (sing):** *O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment thine!*

### Prayer to the Holy Spirit

**All:** Come, O Holy Spirit, fill the hearts of thy faithful and kindle in them the fire of thy love. Send forth thy Spirit and they shall be sanctified, and thou shalt renew the face of the earth.

LET US PRAY: O God, who by the light of the Holy Spirit didst instruct the hearts of the faithful, grant that by the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen.

*Heart of Jesus,\*  
I put my trust in thee!*

### Act of Contrition

**All:** O my God, I am heartily sorry for having offended thee; and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of thy grace, to confess my sins, to do works of satisfaction, and to amend my life. Amen.

*O Jesus in the Blessed Sacrament,\*  
have mercy on us!*

### [Spiritual Communion]

**All:** My Jesus, I believe that thou art really present in the most Blessed Sacrament of the Altar. I love thee above everything else, and I long to receive thee into my soul. I cannot now receive thee in Holy Communion, but I beg thee to come to me at least spiritually. I embrace thee as already there and unite myself entirely to thee. Grant that I may never be separated from thee!

*I adore thee every moment,\* O living  
Bread from heaven, great Sacrament!*

### Offering of the Holy Hour

**L:** My sweet Jesus, I desire to spend this hour with thee, to console thee, and to make some reparation by the love of my poor heart for the agony thou didst suffer in Gethsemane. \* In that lone hour thou wast forsaken; and the creatures whom thou didst create to love

thee, loved thee not. \* The weight of all our sins, and mine as well, pressed on thee; and for the sorrow which I caused thee then by my sins, I will endeavor to repay thee now by my love. \* Strengthen it, my Jesus, that it may in some small measure give thee consolation.

*Sacred Heart of Jesus,  
strengthened in thine agony by an  
angel,\* comfort us in our agony.*

### Opening Prayer to the Blessed Sacrament

**L:** My Lord Jesus Christ, it is thy great love for men that keeps thee day and night in this Sacrament, full of pity and love, expecting, inviting, and welcoming those who visit thee in Catholic churches. I believe that thou art really present in the Sacrament of the Altar. \* From the depths of my heart, I adore thee and I thank thee for the many graces thou hast given me, especially for the gift of thyself in this Sacrament, for the gift of thy holy Mother as my intercessor, and for the privilege of visiting thee in this church. \*

I now speak to thy most loving heart with a threefold intention: to thank thee for the great gift of thyself, to atone for all the insults which thy enemies heap upon thee in this Sacrament, and to adore thee wherever thy Eucharistic presence is dishonored or forgotten. \*

My Jesus, I love thee with my whole heart. I am very sorry for my ingratitude to thy infinite goodness. I now resolve, with

the help of thy grace, never to offend thee again. \* And sinful as I am, I consecrate to thee my entire self, my whole will, my affections, my desires, and all that I have. \* From now on do with me and mine as thou pleasest. I ask for and desire only thy love, final perseverance, and the grace always to do thy holy will. \*

I implore thee to intercede for sinners [and also for the souls in purgatory, especially for those who were most devoted to the Blessed Sacrament and thy holy Mother]. \* And lastly, my dear Savior, I unite all my desires with the desires of thy most loving heart. Thus united, I present them to thy eternal Father and beg him in thy name and for love of thee to hear and answer them. Amen.

*Jesus, meek and humble of heart,\*  
make our hearts like unto thine.*

#### **Act of Faith**

**L:** O my God, I firmly believe all the sacred truths which thy Holy Catholic Church believes and teaches \* because thou hast revealed them, who canst neither lie nor be deceived.

#### **Act of Hope**

**L:** O my God, relying on thy infinite goodness and promises, I hope to obtain pardon of my sins, the assistance of thy grace, and life everlasting, \* through the merits of Jesus Christ, our Lord and Savior.

#### **Act of Charity**

**L:** O my God, I love thee above all things with my whole heart and soul because thou art all

good and worthy of all love. \* I love my neighbor as myself for the love of thee. I forgive all who have injured me and ask pardon of all whom I have injured.

*Jesus, I live for thee; Jesus, I die for thee; \* Jesus, I am thine in life and in death. Amen.*

#### **Act of Love**

**L:** O good and merciful Savior, it is the desire of my heart to return thee love for love. My greatest sorrow is that thou art not loved by all men, and in particular that my heart is so cold, so selfish, so ungrateful. \* Deeply sensible of my own weakness and poverty, I trust that thy grace will enable me to offer thee an act of pure love. \* And I wish to offer thee this act of love in reparation for the coldness and neglect thy creatures show thee in the sacrament of thy love. \* O Jesus, my sovereign good, I love thee, not for the sake of the reward which thou hast promised to those who love thee, but purely for thyself. \* I love thee above all things that can be loved, above all pleasures, and in fine above myself, professing in the presence of heaven and earth that I will live and die purely and simply in thy holy love, \* and that if to love thee thus I must endure persecution and suffering, I am perfectly satisfied, and I will ever say with St. Paul: "Nothing shall separate me from the love of Christ." \*

O Jesus, supreme Master of our hearts, I love thee, I adore thee, I praise thee, I thank thee because I am now all thine own. \* Rule over me and transform my soul

into the likeness of thyself so that it may praise and glorify thee forever in the abode of the saints. Amen.

*Sweet heart of Jesus,\*  
have mercy on us and on non-  
Catholics.*

#### **Prayer to Christ the King**

**L:** O Christ Jesus, I acknowledge thee King of the universe. All that thou hast created has been created for thee. Make full use of thy rights over me. \* I renew the promises I made in baptism when I renounced Satan and all his pomps and works, and I promise to live a good Christian life. \* And especially I undertake to help, to the extent of my means, to secure the triumph of the rights of God and of thy Church. \* Divine heart of Jesus, I offer thee my efforts to obtain that all hearts may acknowledge thy sacred royalty and that the kingdom of thy peace may be established throughout the entire world. Amen.

*Jesus, King and center of our hearts,\*  
through the advent of thy kingdom,  
grant us peace.*

**Litany of  
the Sacred Heart of Jesus**



Lord, have mercy on us.  
*Christ, have mercy on us.*  
 Lord, have mercy on us.  
 Christ, hear us.  
*Christ, graciously hear us.*  
 God the Father of heaven,  
*Have mercy on us.*  
 God the Son, Redeemer of the  
 world,  
*Have mercy on us.*  
 God the Holy Spirit,  
*Have mercy on us.*  
 Holy Trinity, one God,  
*Have mercy on us.*

Heart of Jesus, Son of the eternal  
 Father,  
*Have mercy on us. (repeat after  
 each versicle)*  
 Heart of Jesus, formed in the  
 womb of the Virgin Mother,  
 Heart of Jesus, united to the  
 eternal Word,  
 Heart of Jesus, of infinite  
 majesty,  
 Heart of Jesus, holy temple of  
 God,  
 Heart of Jesus, tabernacle of the  
 most High,  
 Heart of Jesus, house of God and  
 gate of heaven,  
 Heart of Jesus, burning furnace  
 of charity,

Heart of Jesus, vessel of justice  
 and love,  
 Heart of Jesus, full of all  
 goodness and love,  
 Heart of Jesus, abyss of all  
 virtues,  
 Heart of Jesus, most worthy of  
 all praise,  
 Heart of Jesus, king and center  
 of our hearts,  
 Heart of Jesus, in whom are all  
 the treasures of wisdom and  
 knowledge,  
 Heart of Jesus, in whom dwells  
 the fullness of the divinity,  
 Heart of Jesus, in whom the  
 Father is well pleased,  
 Heart of Jesus, of whose  
 goodness we have all received,  
 Heart of Jesus, desire of the  
 everlasting hills,  
 Heart of Jesus, patient and  
 abounding in mercy,  
 Heart of Jesus, rich unto all that  
 call upon thee,  
 Heart of Jesus, fountain of life  
 and holiness,  
 Heart of Jesus, propitiation for  
 our sins,  
 Heart of Jesus, filled with  
 reproaches,  
 Heart of Jesus, bruised for our  
 offenses,  
 Heart of Jesus, obedient even  
 unto death,  
 Heart of Jesus, pierced with a  
 lance,  
 Heart of Jesus, source of all  
 consolation,  
 Heart of Jesus, our life and  
 resurrection,  
 Heart of Jesus, our peace and  
 reconciliation,  
 Heart of Jesus, victim for sin,  
 Heart of Jesus, salvation of them  
 that hope in thee,  
 Heart of Jesus, hope of them that  
 die in thee,  
 Heart of Jesus, delight of all the  
 saints,

Lamb of God, who takest away  
 the sins of the world,  
*Spare us, O Lord.*  
 Lamb of God, who takest away  
 the sins of the world,  
*Graciously hear us, O Lord.*  
 Lamb of God, who takest away  
 the sins of the world,  
*Have mercy on us.*

**V.** Jesus, meek and humble of  
 heart.

**R.** Make our hearts like unto  
 thine.

LET US PRAY: Almighty and  
 eternal God, consider the heart  
 of thy dearly beloved Son and  
 the praise and satisfaction he  
 offers thee on the behalf of  
 sinners; appeased by worthy  
 homage, pardon those who  
 implore thy mercy, in the name  
 of the same Jesus Christ, thy Son  
 our Lord, who liveth and  
 reigneth with thee, in the unity of  
 the Holy Spirit, God, forever and  
 ever. Amen.

*Sacred Heart of Jesus, \**  
*I believe in thy love for me.*

**Consecration to the Sacred  
 Heart of Jesus**

**L:** Most sweet Jesus, Redeemer  
 of the human race, look down  
 upon us humbly prostrate before  
 thy altar. \* We are thine and  
 thine we wish to be; but to be  
 more surely united with thee,  
 behold each one of us freely  
 consecrates himself today to thy  
 most Sacred Heart. \*

Many, indeed, have never known  
 thee; many, too, despising thy  
 precepts have rejected thee. \*  
 Have mercy on them, most  
 merciful Jesus, and draw them to  
 thy Sacred Heart. \*

Have mercy, O Lord, not only on the faithful who have never forsaken thee but also on the prodigal children who have abandoned thee. \* Grant that they may quickly return to thy Father's house lest they die of wretchedness and hunger. \*

Have mercy, O Lord, on those who are deceived by heretical opinions or whom schism keeps aloof, and call them back to the harbor of truth and unity of faith, to thy one flock and one Shepherd, that they may hail thee as Christ the King. \*

Have mercy, O Lord, on those who are involved in the darkness of idolatry and Islamism, and refuse not to draw them into the light of thy kingdom. \* Turn thine eyes of mercy toward the children of that race, once thy chosen people. \* O Jesus our Savior, of old they called down upon themselves thy blood, may it now descend upon them as a laver of redemption and life and lift the veil of darkness from their hearts. \*

Grant to thy Church, O Lord, assurance of freedom and immunity from harm. Grant peace and order to all Catholic nations, and make the earth resound from pole to pole with one cry:

**All:** Praise to the divine Heart that wrought our salvation; to it be glory and honor forever. Amen.

*Sacred Heart of Jesus, \*  
thy kingdom come!*

### Act of Reparation

**L:** O sweet Jesus, whose overflowing love for men is requited by so much forgetfulness, negligence, and contempt, \* behold us prostrate before thy altar, eager to repair by a special act of homage the cruel indifference and injuries to which thy loving heart is everywhere subject. \*

Mindful, alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, \* we humbly ask thy pardon and declare our readiness to atone by voluntary expiation not only for our personal offences but also for the sins of those who, straying far from the path of salvation, refuse in their obstinate infidelity to follow thee, their Shepherd and Leader, or renouncing the vows of their baptism have cast off the sweet yoke of thy law. \*

We are now resolved to expiate each and every deplorable outrage committed against thee. We are determined to make amends for the manifold offences against Christian modesty in unbecoming dress and behavior, \* for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violation of the Lord's Day and other holy days, and the shocking blasphemies uttered against thee and thy saints. \*

We wish also to make amends for the insults to which thy Vicar on earth<sup>1</sup> and thy priests are

<sup>1</sup> When the Holy See is vacant, replace the words "thy Vicar on earth" with "the Papacy."

subjected, for the profanation by conscious neglect or terrible acts of sacrilege of the very sacrament of thy divine love, \* and lastly for the public crimes of nations who resist the divine rights and teaching authority of the Catholic Church, which thou hast founded. \*

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of thy divine honor, the satisfaction thou didst once make on the cross to thy eternal Father and which thou dost continue to renew on our altars; \* we offer it in union with the acts of atonement of thy Virgin Mother, the angels and saints in heaven, the souls in purgatory, and the faithful on earth. And we sincerely promise to make recompense, as far as we can with the help of thy grace, for all the neglect of thy great love and for the sins we and others have committed in the past. \* Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel. \* We promise to the best of our power to prevent others from offending thee and to teach the Catholic faith to all who sincerely ask about it. \*

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; \* and by the crowning gift of perseverance, keep us faithful unto death in our duty and the allegiance we owe to thee so that we may all one day come to that happy home

where thou with the Father and the Holy Spirit livest and reignest, God, forever and ever. Amen.

*Praise and adoration ever more be given \* to the Most Holy Sacrament.*

### **The Holy Rosary**

*Apostles' Creed; [Our Father;] 3 Hail Mary's; Glory Be.*

#### The First Sorrowful Mystery: The Agony of Jesus in the Garden



**L:** “My soul is sorrowful unto death!” O divine sadness of Jesus, who savest the world and preparest for us the joys of paradise, heal all our sorrows; accept our sorrow for having so greatly offended the Lord our God!

*[Our Father;] 10 Hail Mary's; Glory Be.*

**STAND**

#### The Second Sorrowful Mystery: Jesus Is Scourged at the Pillar



**L:** “My people, what have I done to you? Wherein have I offended you? Laden with my gifts, you scourge me like the least of slaves.” O Jesus, forgive the excesses of impiety against the Catholic Church, thy mystic body!

*[Our Father;] 10 Hail Mary's; Glory Be.*

#### The Third Sorrowful Mystery: Jesus Is Crowned with Thorns



**L:** O Jesus, sated with outrages in this Mystery, with what eloquence dost thou not show us that lifted up from earth we ever return to it again! May this divine lesson abolish our pride!

*[Our Father;] 10 Hail Mary's; Glory Be.*

#### The Fourth Sorrowful Mystery: Jesus Carries His Cross

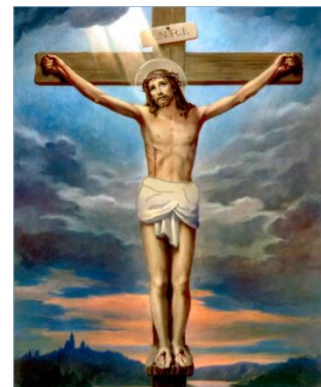


**L:** “They forced the Cyrenean to take up Jesus' cross.” Each day we also receive our crosses from thy hand. O Jesus, grant that we may carry them, not by force but for love.

*[Our Father;] 10 Hail Mary's; Glory Be.*

**KNEEL**

#### The Fifth Sorrowful Mystery: Jesus Dies on the Cross



**L:** “Behold thy Mother!” I thank thee, O my Savior, for this admirable gift, this last will of thy love. Grant that I may respond to it by a generous love toward thy afflicted Mother.

*[Our Father;] 10 Hail Mary's; Glory Be.*

### Hail, Holy Queen

Hail, holy Queen, Mother of mercy, hail our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

**V.** Pray for us, O holy Mother of God.

**R.** That we may be made worthy of the promises of Christ.

LET US PRAY: O God, whose only-begotten Son by his life, death, and resurrection has purchased for us the rewards of everlasting life, grant, we beseech thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

*Then recite the following three times,*

**V.** Most Sacred Heart of Jesus.

**R.** Have mercy on us.

*Lord, I thank thee \* that thou didst die on the cross for my sins.*

### **To the Queen of the Most Holy Rosary**

**L:** O Queen of the most holy Rosary, in these times of brazen impiety show again thy power with the signs which accompanied thy victories of old; \* and from the throne where thou art seated, dispensing pardon and grace, in pity watch over the Church of thy Son, his Vicar,<sup>2</sup> and every order of the clergy and laity suffering in grievous warfare. \*

Hasten, O powerful destroyer of heresy, hasten the hour of mercy, seeing that the hour of judgment is daily challenged by innumerable offences. \* Obtain for me, kneeling suppliant in thy presence, the grace which may enable me to live a holy life on earth and to obtain everlasting happiness with the just in heaven, \* whilst with the faithful throughout the world, O Queen of the most holy Rosary, I salute thee and cry out:

**All:** Queen of the most holy Rosary, pray for us!

*Sacred Heart of Jesus, \*  
I give myself to thee through Mary.*

### **To Jesus Abandoned**

**L:** With Mary Immaculate let us adore, thank, implore, and console the most beloved and sacred heart of Jesus in the Blessed Sacrament. \*

O divine Jesus, lonely in so many tabernacles without visitor

or worshipper, I offer thee my poor heart. May its every throb be an act of love for thee. \* Thou art always watching beneath the sacramental veils; in thy love thou dost never sleep and thou art never weary of thy vigil for sinners. \* O lonely Jesus, may the flame of my heart burn and beam always in company with thee.

**All (sing):** O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment thine!

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<sup>2</sup> When the Holy See is vacant, replace the words "his Vicar" with "the Papacy."



## Veneration of the Thorn-Crowned Head of the Savior



**L:** And plating a crown of thorns, they put it upon his head. They began to spit upon him, and they gave him blows. Others smote his face and said: “Prophesy, who is it that struck thee?” \*

O holy Redeemer! Thou art clothed with a scarlet cloak, a reed is placed in thy hands for a scepter, and the sharp points of a thorny crown are pressed into thy adorable head. \*

My soul, thou canst never imagine the sufferings, the insults and indignities offered to our blessed Lord during this scene of pain and mockery. \*

The apostate Jews mock thee; I salute thee and offer thee supreme homage as King of heaven and earth, the Redeemer of the world, the eternal Son of the living God. \*

O my afflicted Savior! O King of the world, thou art ridiculed as a mock king. I believe in thee and adore thee as the King of kings and Lord of lords, as the

supreme Ruler of heaven and earth. \*

O Jesus! I devoutly venerate thy sacred head pierced with thorns, struck with a reed, overwhelmed with pain and derision. \*

I adore thy precious blood flowing from thy bleeding wounds. To thee be all praise, all thanksgiving, and all love for evermore. \*

O meek Lamb, victim for sin! May thy thorns penetrate my heart with fervent love, that I may never cease to adore thee as my God, my King, and my Savior.

**L.** Behold, O God our protector.  
**R.** And look upon the face of thy Christ.

**L:** Let us pray: O my beloved Savior, at sight of thy most holy face disfigured by suffering, at sight of thy Sacred Heart so full of love, I cry out: “Lord Jesus, imprint on my heart thy sacred wounds so that I may read therein sorrow and love: sorrow, to endure every sorrow for thee; love, to love nothing more than thee.”

**All:** Amen.

*We adore thee, O Christ, and we praise thee \* because by thy holy cross thou hast redeemed the world.*

### To Our Lord on the Cross

**L:** My crucified Jesus, mercifully accept the prayer which I now make to thee for help in the moment of my death, when at its approach all my senses shall fail me. \*

When, therefore, O sweetest Jesus, my weary and downcast eyes can no longer look up to thee, be mindful of the loving gaze which I now turn to thee, and have mercy on me. \*

When my parched lips can no longer kiss thy most sacred wounds, remember then those kisses which I now imprint on thee, and have mercy on me. \*

When my cold hands can no longer embrace thy cross, forget not the affection with which I embrace it now, and have mercy on me. \*

And when at length my swollen and lifeless tongue can no longer speak, remember that I called upon thee now:

**All:** Jesus, Mary, Joseph, to thee I commend my soul. Amen.

*Eternal Father, I offer thee the wounds of our Lord Jesus Christ \* to heal the wounds of our souls.*

### Devotion in Honor of the Five Holy Wounds

**L:** Most loving Savior of my soul, as I kneel before thee, who art crucified on the cross, my conscience tells me that it is I who have nailed thee to that cross with these hands of mine as often as I have fallen into mortal sin, wearying thee with my monstrous ingratitude. \*

My God, my chief and most perfect good, worthy of all my love, seeing thou hast ever loaded me with blessings, I cannot now undo my sins as I would most willingly, \* but I can and will loathe them, grieving

greatly for having offended thee who art infinite goodness. \* And now, kneeling at thy feet, I will try at least to compassionate thee, to give thee thanks, to ask of thee pardon and contrition. Wherefore with heart and lips I say:

#### **To the Wound of the Left Foot**

**L:** Holy wound of the left foot of my Jesus, I adore thee! I compassionate thee, O my Jesus, for that most bitter pain which thou didst suffer. \* I thank thee for the love whereby thou wast wearied in overtaking me on the way to ruin and didst bleed amid the thorns and brambles of my sins. I offer to the Eternal Father the pain and love of thy most sacred humanity in atonement for my sins, all of which I detest with sincere and bitter contrition.

#### **To the Wound of the Right Foot**

**L:** Holy wound of the right foot of my Jesus, I adore thee! I compassionate thee, O my Jesus, for that most bitter pain which thou didst suffer. \* I thank thee for the love which pierced thee with such torture and shedding of blood in order to punish my wanderings and the guilty pleasures I have granted to my passions. \* I offer to the Eternal Father all the pain and love of thy most sacred humanity; \* and I pray unto him for grace to weep over my transgressions with burning tears and to enable me to persevere in the good which I have begun, without ever swerving again from my obedience to the commandments of my God.

#### **To the Wound of the Left Hand**

**L:** Holy wound of the left hand of my Jesus, I adore thee! I compassionate thee, O my Jesus, for that most bitter pain which thou didst suffer. \* I thank thee for having, in thy love, spared me the scourges of everlasting damnation which my sins have merited. \* I offer to the Eternal Father the pain and love of thy most sacred humanity, \* and I pray him to teach me how to turn to good account my span of life and bring forth in it worthy fruits of penance and so disarm the angry justice of my God.

#### **To the Wound of the Right Hand**

**L:** Holy wound of the right hand of my Jesus, I adore thee! I compassionate thee, O my Jesus, for that most bitter pain which thou didst suffer. \* I thank thee for thy graces lavished on me with such love in spite of all my miserable obstinacy. \* I offer to the Eternal Father all the pain and love of thy most sacred humanity, \* and I pray him to change my heart and its affections and make me do all my actions in accordance with the will of God.

#### **To the Wound of the Sacred Side**

**L:** Holy wound in the side of my Jesus, I adore thee! I compassionate thee, O my Jesus, for the cruel insult thou didst suffer. \* I thank thee, my Jesus, for the love which suffered thy side and heart to be pierced, that the last drops of blood and water might issue forth, making my redemption to abound. \* I offer to the Eternal Father this outrage

and the love of thy most sacred humanity; \* and I pray that my soul may enter once and for all into that most loving heart, eager and ready to receive the greatest sinners who repent, and from it may never more depart.

*Sweet heart of my Jesus, \* grant that I may ever love thee more and more.*

#### **STAND**

#### **Prayer for an Increase of Holy Communions**

**L:** O sweet Jesus, who came into the world to give to souls the life of sanctifying grace. And to preserve and sustain us, thou didst will to be the remedy of our daily infirmities and to be our food, humbly we pray thee, by thy heart all on fire for love of us, to pour out thy Holy Spirit upon those who are unhappily in deadly sin so that they may be converted to thee, confess their sins, receive the life of sanctifying grace, and receive thee in Holy Communion along with all others who are in the state of grace. \* May they approach devoutly to thy holy altar whereby receiving thee in Holy Communion they may obtain the remission of their venial sins and punishment due to their sins, the nourishing of the life of grace in their hearts, the purifying more and more of their souls, and at last the attainment of everlasting life. Amen.

*Heart of Jesus, burning with love for us, \* inflame our hearts with love of thee.*

#### **KNEEL**

### Prayer for Those in Their Last Agony

**L:** O most merciful Jesus, lover of souls, I pray thee, by the agony of thy most Sacred Heart and by the sorrows of thy Immaculate Mother, grant sinners who are now in their last agony the grace of conversion if they are not of the faithful and the grace of penitence if they are of the faithful who are guilty of mortal sin. \* And cleanse in thy most precious blood those who cooperate with thy grace. Amen.

*Heart of Jesus agonizing, \* have mercy on the dying.*

**All:** *Jesus, Mary, Joseph!*

*Omit the following prayer when the Holy See is vacant or read Number 2 instead of Number 1 if there is a non-pope ruler.*

### Prayer for the Holy Father

**L:** O God, the Shepherd and Ruler of all the faithful, look down with favor upon thy servant, N., who has been appointed [1. the supreme pastor of thy Church] [2. the ruler of thy Catholic Church]. \* Grant, we beseech thee, that both his word and example may benefit those over whom he has been placed so that together with the flock entrusted to his care he may attain unto life everlasting, through Christ our Lord. Amen.\*

Most Sacred Heart of Jesus, pour the fullness of thy blessings upon thy Holy Catholic Church, [1. the Pope] [2. our spiritual ruler], and all the clergy. \* Bless the faithful. Grant perseverance to the just, mercy to the penitents and catechumens, conversion to sinners, and enlightenment to unbelievers. Assist the dying,

[deliver the souls in purgatory,] and extend over hearts the gentle dominion of thy love. Amen.

*Lord Jesus, shelter our [1. Holy Father the Pope] [2. spiritual ruler] under the protection of thy Sacred Heart. \* Be thou his light, his strength, and his consolation.*

### Prayer for Peace

**L:** Lord, make me an instrument of thy peace!

Where there is unrighteous hatred – let me sow love, \*  
Where there is injury – pardon, \*  
Where there is doubt – faith, \*  
Where there is despair – hope, \*  
Where there is darkness – light, \*  
Where there is sadness – joy. \*

O divine Master, grant that I may not so much seek

To be consoled – as to console, \*  
To be understood – as to understand,\*

To be loved – as to love, \*  
For it is in giving – that we receive, \*

It is in pardoning – that we are pardoned, \*

It is in dying – that we are born to everlasting life.

✠ By the sign of the holy cross, \* deliver us from our enemies, O our God!

### [Prayer for Mercy for the Holy Souls in Purgatory]

**L:** Have mercy, O gentle Jesus, on the souls detained in purgatory. Thou who for their ransom didst take upon thyself our human nature and suffer the most cruel death, \* pity their sighs and tears shed when they raise their longing eyes toward thee; and by virtue of thy Passion, cancel the penalty due to their sins. \* May thy blood, O tender Jesus, thy precious blood,

descend into purgatory to solace and refresh those who there languish in captivity. \* Reach forth thy hand to them and lead them into the realms of refreshment, light, and peace. Amen.

### Optional:

**L:** Everlasting rest grant unto N., O Lord.

**R:** And let perpetual light shine upon him.

**L:** May he rest in peace.

**R:** Amen.

*Divine heart of Jesus, \* convert sinners, save the dying, set free the holy souls in purgatory.*

### Prayer for Our Daily Neglects

**L:** Eternal Father, I offer thee the Sacred Heart of Jesus with all its love, suffering, and merits:

**All:** First – To expiate all the sins I have committed this day and during all my life.

**L.** Glory be to the Father, and to the Son, and to the Holy Spirit.

**R.** As it was in the beginning, is now, and ever shall be, forever and ever. Amen.

**All:** Second – To purify the good I have done badly this day and during all my life.

**L.** Glory be to the Father, and to the Son, and to the Holy Spirit.

**R.** As it was in the beginning, is now, and ever shall be, forever and ever. Amen.

**All:** Third – To supply for the good I ought to have done and have neglected this day and during all my life.

**L.** Glory be to the Father, and to the Son, and to the Holy Spirit.

**R.** As it was in the beginning, is now, and ever shall be, forever and ever. Amen.

*O Heart of love, I put all my trust in thee, \* for I fear all things from my own weakness but I hope for all things from thy goodness.*

### **Period of Silent Adoration**

**L:** “Speak, Lord, for thy servant heareth.” (*1 Kings 3:10*)

**R:** “Lord, what wilt thou have me do?” (*Acts 9:6*)

### **Prayer for Final Perseverance**

**L:** O Jesus, my Savior, my God, by thy Sacred Heart, by the pure heart of thy Virgin Mother, by heaven, and by whatever is pleasing to thee on earth, I beg and entreat thee, grant me holy perseverance, grant me patience. \* Give me grace and courage so that I may efficaciously employ the means which thou hast given me.

*Say three times:*

*Sweet heart of Jesus, \*  
be my salvation; \*  
Sweet heart of Mary, \*  
be my love.*

### **Closing Prayer to the Blessed Sacrament**

**L:** As this Hour of adoration closes, O Jesus, I renew my faith and trust in thee. I am refreshed after these moments with thee \* and I count myself among a privileged number, even as thy disciples were, who shared thy presence. \*

Realizing that my visit to thee is of little avail unless I try to live a better life and set a better example, I am resolved to go forth again to my duties and my concerns with a renewed spirit of perseverance and good will. \* In my daily life I will try to love and serve God well and love my neighbor also, for these two things go together. \* I will try to be a true disciple, indeed; help me, O Jesus, in this my resolution. \*

Bless me, dear Lord, before I go; and bless all the faithful and catechumens who are here and those who could not come, especially the sick and the dying. \* Bless our homes and our Catholic children, and bless our life and the hour of our death. \* Grant the grace of conversion to our non-Catholic family

members and friends and to other non-Catholics. \*

[Grant rest to the souls of the faithful departed, and bring them into the light of thy divine glory.] \* May we who have worshipped thee and been blessed by thee here on earth come to behold the radiant glory of thy unveiled countenance in heaven, forever and ever. Amen.

*Say three times:*

*Most Sacred Heart of Jesus, \*  
thy kingdom come!*

### **For the Intentions of the Holy Father**

*Recite the* [Our Father,] Hail Mary, *and* Glory Be *for the intentions of the Holy Father (or if the Holy See is vacant, for a future Roman Pontiff and the papacy and for the spiritual non-pope ruler of the Church if there is one).*

**All (sing):** *O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment thine!*

**All:** ✠ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.