

Catholic Calendar

By Mary's Little Remnant

For the Year of Our Lord 2026



And behold the star which they [the wise men] had seen in the east went before them until it came and stood over where the child was.

And seeing the star they rejoiced with exceeding great joy.

And entering into the house, they found the child with Mary his mother. And falling down they adored him.

And opening their treasures, they offered him gifts, gold, frankincense, and myrrh. (Matthew 2:9-11)

First Month 2026

Month of the Holy Name of Jesus

| | | | | | • | |
|--|---|--|---|--|--|-----------------------------------|
| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
| | | | | 1 w HOLY DAY OF OBLIGATION | 2 w First 6th Weekday [Holy Hour] | 3 w First 7th Weekday Exorcism |
| | | | | CIRCUMCISION OF OUR LORD (1DO/1oct): Octave Day of Christmas | Ferial Day (3fer) | Ferial Day (3fer) |
| 4 w | 5 w HOLY DAY OF OBLIGATION | 6 w HOLY DAY OF OBLIGATION | 7 R | 8 w | 9 R | 10 w |
| MOST HOLY NAME OF JESUS (1f) St. Telesphorus, PM | PRESENTATION OF JESUS/ PURIFICATION OF MARY: CANDLEMAS DAY (1DO) | EPIPHANY OF OUR LORD (1DO/2oct) | The Holy Innocents, Mm (3fer) Within the Octave | Within the Octave (2oct) | St. Stephen, 1st Martyr (3f) Within the Octave | Within the Octave (2oct) |
| 11 w | 12 w | 13 w | 14 w | 15 w | 16 R | 17 w |
| The Holy Family (1f/2LD) St. Hyginus, PM Within the Octave | Within the Octave (2oct) | Octave Day of the Epiphany (2oct) | St. Hilary, BpCD (4f) St. Felix of Nola, M | St. Paul, 1st Hermit, C (4f) St. Maurus, Ab | St. Marcellus I, PM (4f) | St. Antony of the Desert, Ab (4f) |
| 18 _G | 19 R | 20 v Regular Fast | 21 w HOLY DAY OF OBLIGATION | 22 R | 23 R | 24 R |
| 2nd Lord's Day after Epiphany (2 LD) St. Peter's Chair at Rome) St. Prisca, VM | Ss. Marius, Martha, Audifax & Abachum, Mm (4f) St. Canute IV, King, RM | Vigil of the Solemnity of the Apostles (2vig) Ss. Fabian, P & Sebastian, Mm | SOLEMNITY OF THE APOSTLES (3DO) | Ss. Vincent & Anastasius, Mm (4f) | St. Emerentiana, VM (4f) | St. Timothy, BpM (3f) |
| 25 _G | 26 R | 27 w | 28 w | 29 _G | 30 R | 31 _G |
| 3rd Lord's Day after Epiphany (2 LD) Conversion of St. Paul, Ap St. Ananias, baptizer of St. Paul, M | St. Polycarp, BpM (4f) | Ss. Lydia, Dorcas & Phoebe, HWw (3f) | St. Charlemagne, Holy Roman Emperor, RC (4f) | Ferial Day (3fer) | St. Martina, VM (4f) | Ferial Day (3fer) |



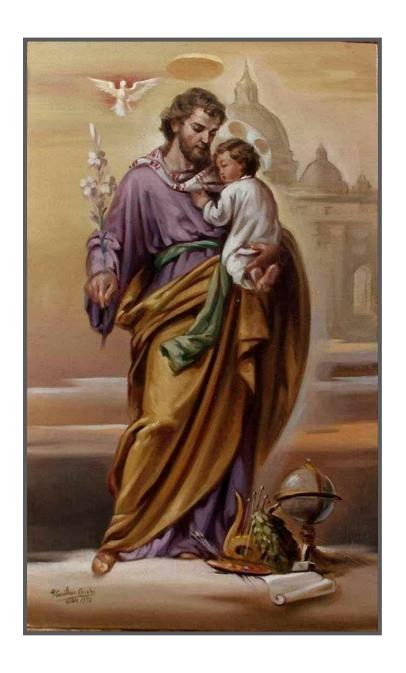
Jesus, Mary, and Joseph, bless us and grant us the grace to love God and the Catholic Faith above every earthly thing, as we are bound to do, and to ever show forth our love by our faith and good deeds.

Prayer to the Holy Family

Second Month 2026

Month of the Holy Family

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|---|---|--|---|---|---|---|
| 1 G | 2 _G | 3 R | 4 _G | 5 R | 6 w First 6th Weekday [Holy Hour] | 7 V Mandatory Regular Fast First 7th Weekday [Exorcism] |
| 4th Lord's Day after Epiphany (2 LD) St. Ignatius of Antioch, BpM | Ferial Day (3fer) | St. Blaise, BpM (4f) | Ferial Day (3fer) | St. Agatha, VM (4f) | St. Titus, BpC (3f) St. Dorothy, VM | Vigil of Trinity Day (1vig) St. Romuald, Ab |
| 8 w [1] FEAST DAY OF OBLIGATION | 9 W [2] FEAST DAY OF OBLIGATION | 10 w [3] FEAST DAY OF OBLIGATION | 11 w [4] | 12 w [5] | 13 w [6] | 14 w _[7] |
| TRINITY DAY (1DO/1oct/1LD) (Begin Holy Face Novena) | TRINITY 2ND WEEKDAY (1DO/loct) | TRINITY 3RD WEEKDAY (1DO/loct) | Trinity 4th Weekday (1oct) Apparition of Our Lady of Lourdes | Trinity 5th Weekday (1oct) Seven Holy Founders of the Servite Order, Cc | Trinity 6th Weekday (1oct) St. Agabus, Prophet, PR | Trinity 7th Weekday (1oct) St. Valentine, Priest, M |
| 15 w _[8] | 16 R [9] | 17 w | 18 v Light Fast | 19 v Light Fast | 20 v Light Fast [Stations] | 21 v Light Fast |
| Octave Day of Trinity/Last Lord's Day after Epiphany (1oct/2LD) Ss. Faustinus & Jovita, Mm | St. Onesimus, Disciple of St. Paul, BpM (3f) | Theodosius the great, Holy Roman Emperor, RC (4f) (Shrove Day) | ASH DAY (3DO/1fer) | Ferial Day (2fer) | Ferial Day (2fer) | Ferial Day (2fer) |
| 22 v | 23 v Light Fast | 24 R Light Fast | 25 v Regular Fast [40 Hours' Prayers] | 26 w FEAST DAY OF OBLIGATION | 27 v Regular Fast [40 Hours' Prayers] | 28 v Regular Fast [40 Hours' Prayers] |
| 1st Lord's Day in Lent (1LD) St. Peter's Chair at Antioch | Ferial Day (2fer) | St. Matthias, Ap (3f) Ferial Day | Ember 4th Weekday (1fer) | Queen Esther's saving of the Jews from Aman (Purim) (3DO) | Ember 6th Weekday (1fer) | Ember 7th Weekday (1fer) |



Dear St. Joseph, adopt us as thy children and take charge of our salvation. Watch over us day and night, preserve us from occasions of sin, and obtain for us purity of soul and body and the spirit of prayer. Through thy intercession with Jesus, grant us a spirit of sacrifice, humility, and self-denial. Obtain for us a burning love for Jesus in the Blessed Sacrament and a sweet, tender love for Mary, our Mother. St. Joseph, be with us in life, be with us in death, and obtain for us a favorable judgment from Jesus, our merciful Savior.

Amen.

Prayer to St. Joseph for Our Salvation

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Month of Saint Joseph

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|--|---|----------|--|------------------------|---|---------------------------|---|---------------|-------------|---|---------------------------------------|--|
| Lord's Day | 2nd Weekda | ay | 3rd We | ekday | 4th V | Veekday | 5th W | eekday | 6th | Weekday | 7th W | eekday |
| 1 v | - ' | ght Fast | 3 v | Light Fast | 4 R | Light Fast | 5 v | Light Fast | 6 v | Light Fast <u>First 6th Weekday</u> [Holy Hour] | 7 R | Light Fast st 7th Weekday [Exorcism] |
| 2nd Lord's Day in Lent (1LD) [Pray St. Joseph Prayer on Lord's Days in 3rd month] | Ferial Day (2fer) | | Ferial Day (2fe | r) | St. Lucius I Ferial Day | I, PM (4f) | Ferial Day (2 | fer) | Ferial Da | ny (2fer) | Ss. Perpetua Mm (4f) Ferial Day | & Felicitas, |
| 8 v | - " | ght Fast | 10 R | Light Fast | 11 v | Light Fast | 12 w | Light Fast | 13 v | Light Fast | 14 v | Light Fast |
| 3rd Lord's Day in Lent (1LD) | Ferial Day (2fer) | | The Forty Holy Sebaste, Mm (4 Ferial Day | | Ferial Day | (2fer) | St. Gregory to (4f) Ferial Day | he Great, PCD | Ferial Da | ny (2fer) | Ferial Day (2 | fer) |
| 15 v | 20 ' | ght Fast | | FEAST DAY BLIGATION | 18 w | Light Fast | 19 w | Light Fast | 20 v | Light Fast | 21 w | Light Fast |
| 4th Lord's Day in Lent (1LD) St. Longinus, M | | | St. Patrick, Bp | C (4DO) | St. Cyril of BpCD (4f) Ferial Day | Jerusalem, | St. Joseph, Sp Blessed Virgi Ferial Day | | Ferial Da | ny (2fer) | St. Benedict, Ferial Day | Ab (4f) |
| 22 v | '' | tht Fast | 24 w | Light Fast | 25 w | FEAST DAY F OBLIGATION | 26 v | Light Fast | 27 w | V Light Fast | 28 v | Light Fast |
| 5th Lord's Day in Lent (1LD) St. Sergius Paulus, disciple of St. Paul, BpC | St. Isidore the Farme (4f) [Blessing of Garde Fields] Ferial Day | | St. Gabriel the A | rchangel (3f) | | UNCIATION & TION (1DO) | Ferial Day (2 | fer) | | y of Sorrows (2f) ation to BVM) | Ferial Day (2 | fer) |
| 29 v | 30 v Regul | lar Fast | 31 v | Regular Fast | | | | | | | | |
| PALM DAY (1DO/1LD) | Ferial Day (2fer) | | Ferial Day (2fe | r) | | | | | | | | |



And behold, two of them went the same day to a town which was sixty furlongs from Jerusalem named Emmaus. And it came to pass that while they talked and reasoned with themselves, Jesus himself also drawing near, went with them. But their eyes were held that they should not know him. And he said to them: What are these discourses that you hold one with another as you walk and are sad? Then he said to them: O foolish and slow of heart to believe in all things which the prophets have spoken. Ought not Christ to have suffered these things and so to enter into his glory? And beginning at Moses and all the prophets, he expounded to them in all the scriptures the things that were concerning him. (Luke 24)

Fourth Month 2026

Month of the Passion and Resurrection

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|--|--|--|--|--|---|--|
| | | | 1 v Regular Fast Ferial Day (2fer) | Regular Fast PENITENTIAL DAY OF OBLIGATION Holy Hour during Night Vigil MAUNDY DAY (1DO/1fer) [Maundy Day Tenebrae] | Regular Fast PENITENTIAL DAY OF OBLIGATION [Stations] GOOD 6TH WEEKDAY (1DO/1fer) [Good 6th Weekday Tenebrae] | Regular Fast PENITENTIAL DAY OF OBLIGATION GOOD 7TH WEEKDAY (1DO/1fer) Good 7th Weekday Tenebrael |
| 5 w FEAST DAY OF OBLIGATION RESURRECTION DAY | 6 w FEAST DAY OF OBLIGATION RESURRECTION 2ND | 7 W FEAST DAY OF OBLIGATION RESURRECTION 3RD | 8 w Resurrection 4th Weekday | 9 W Resurrection 5th Weekday (1oct) Ss. Mary of Cleophas, Joanna | 10 w Resurrection 6th Weekday | 11 w Resurrection 7th Weekday (1oct) |
| (1DO/loct/ILD) 12 w | WEEKDAY (1DO/loct) 13 R | WEEKDAY (1DO/loct) 14 R | (1oct) 15 w | & Susanna, HWw 16 w | (1oct) 17 R | St. Leo the Great, PCD 18 w |
| Low Day/Octave Day of Resurrection Day (1oct/2LD) | St. Hermenegild, M (4f) | Ss. Tiburtius, Valerian & Maximus, Mm (4f) | Ferial Day (3fer) | Ferial Day (3fer) | St. Anicetus, PM (4f) | Ferial Day (3fer) |
| 19 w | 20 w | 21 v Regular Fast | 22 w FEAST DAY OF OBLIGATION | 23 R | 24 R | 25 R |
| 2nd Lord's Day after the Resurrection (2LD) Good Shepherd Day | Ferial Day (3fer) | Vigil of the Solemnity of St. Joseph, Patron of the Catholic Church (2vig) | SOLEMNITY OF ST. JOSEPH, PATRON OF THE CATHOLIC CHURCH (3DO/2oct) | St. George, M (4f) Within the Octave | St. Sabas, M (4f) Within the Octave | St. Mark, Ev (3f) Within the Octave |
| 26 w | 27 w | 28 R | 29 w | 30 w | | |
| 3rd Lord's Day after the Resurrection (2LD) St. Marcellinus, PM Within the Octave | St. Sosipater, C (3f) Within the Octave | St. Vitalis, M (4f) Within the Octave | St. Tychius, a disciple of St. Paul, C (3f) Octave Day of Solemnity of St. Joseph | Ferial Day (3fer) | | |



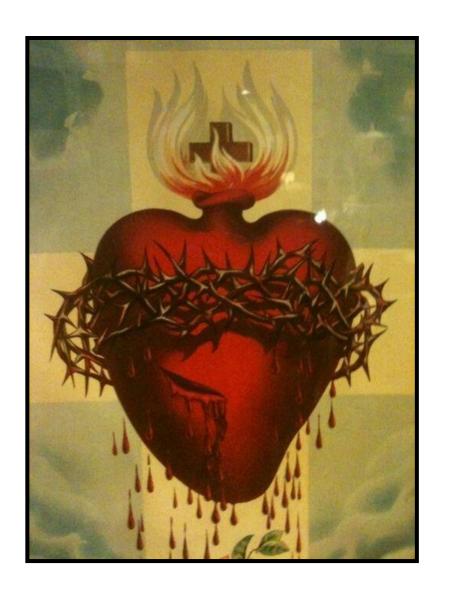
Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee I come, before thee I stand, repentant and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Memorare to the Blessed Virgin Mary

Fifth Month 2026

Month of the Blessed Virgin Mary

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|---|---|--|--|--|---|---|
| | | | | | 1 R First 6th Weekday [Holy Hour] | 2 w First 7th Weekday [Exorcism] |
| | | | | | St. Philip & James, App (3f) (Mary's Crowning) | St. Athanasius, BpCD (4f) |
| 3 w | 4 w | 5 w | 6 R | 7 R | 8 w | 9 w |
| 4th Lord's Day after the Resurrection (2LD) Finding of the Holy Cross Ss. Alexander I, PM; Eventius & Theodulus, Mm; Juvenal, BpC | St. Monica, W | Ferial Day (3fer) | St. John before the Latin Gate (4f) | St. Stanislaus, BpM (4f) | Apparition of St. Michael the Archangel (4f) | Ferial Day (3fer) |
| 10 w | 11 w | 12 R | 13 v Regular Fast | 14 w FEAST DAY OF OBLIGATION | 15 R[1] | 16 w [2] |
| 5th Lord's Day after the Resurrection (2LD) Ss. Gordian & Epimachus, Mm | Ferial Day (3fer) | Ss. Nereus, Achilleus, Domitilla & Pancratius, Mm (4f) | Vigil of the Ascension (2vig) | ASCENSION OF OUR LORD (1DO/2oct) | St. Dymphna, VM (4f) Within the Octave [Begin Holy Spirit Novena] | St. Ubaldus, BpC (4f) Within the Octave |
| 17 w[3] | 18 R[4] | 19 R[5] | 20 w [6] | 21 w [7] | 22 w[8] | 23 w [9] |
| Lord's Day within the Octave of the Ascension (2LD/2oct) | St. Venantius, M (4f) Within the Octave | St. Pudentiana, VM (4f) Within the Octave | St. Plautilla, HW (4f) Within the Octave | St. Constantine, Holy Roman Emperor, RC, & St. Helena, W (4f) Octave Day of the Ascension | Ferial Day (3fer) | St. Bede, the Venerable, D |
| 24 W PENTECOST DAY (2DO/loct/2LD) | 25 w FEAST DAY OF OBLIGATION | 26 w FEAST DAY OF OBLIGATION | 27 R [40 Hours' Prayers] | 28 w | 29 R [40 Hours' Prayers] | 30 R [40 Hours' Prayers] |
| 31 G Octave Day of Pentecost (1oct/2LD) / 1st Lord's Day after Pentecost BVM Mediatrix of All Graces / St. Petronilla, VM | PENTECOST 2ND WEEKDAY (1DO/1oct) | PENTECOST 3RD WEEKDAY (1DO/1oct) | Ember 4th Weekday (1oct/1fer) St. John I, PM | Pentecost 5th Weekday (1oct) St. Augustine of Canterbury, BpC | Ember 6th Weekday (1oct/1fer) | Ember 7th Weekday (1oct/1fer) St. Felix I, PM |



Most Sacred Heart of Jesus, have mercy on us! Most precious blood of Jesus, save us! Within thy wounds hide me, sweet Jesus. Praise the Lord, O my soul, and let all that is within me praise his holy name. Praise the Lord, O my soul, and never forget all he has done for thee; for he has forgiven all thy iniquities, healed all thy diseases, and redeemed thy soul from destruction. Thou art just, O Lord, and all thy judgments are right.

Sixth Month 2026

Month of the Sacred Heart

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|--|--|---|---|---|--|--|
| | 1 G | 2 R | 3 _G | 4 R | 5 R First 6th Weekday [Holy Hour] | 6 w First 7th Weekday [Exorcism] |
| | Ferial Day (3fer) | Marcellinus & Peter, Mm; and Erasmus, BpM (4f) | Ferial Day (3fer) | Corpus et Sanguis Christi (1f) | St. Boniface, BpM (4f) | St. Philip the Deacon, C & his Prophetess Daughters, Vv (3f) |
| 7 G | 8 G | 9 R | 10 w | 11 _R | 12 w | 13 w |
| 2nd Lord's Day after Pentecost (2LD) | Ferial Day (3fer) | St. Primus & Felician, Mm (4f) | St. Margaret, Queen of Scots (4f) | St. Barnabas, Ap (3f) | Sacred Heart of Jesus (1f) St. Leo III, PC Ss. Basilides, Cyrinus, Nabor & Nazarius, Mm | St. Anthony of Padua, C (4f) |
| 14 _G | 15 R | 16 w | 17 _G | 18 w | 19 R | 20 R |
| 3rd Lord's Day after Pentecost (2LD) | Ss. Vitus, Modestus & Crescentia, Mm (4f) | St. Lazarus the Beggar, C (3f) | Ferial Day (3fer) | St. Ephrem, Deacon, CD (4f) Ss. Mark & Marcellianus, Mm | Ss. Gervase & Protase, Mm (4f) | St. Silverius, PM (4f) |
| 21 w | 22 w | 23 v Regular Fast | 24 w FEAST DAY OF OBLIGATION | 25 w | 26 R | 27 w |
| Visitation of the Blessed Virgin Mary (2f) 4th Lord's Day after Pentecost | St. Paulinus, BpC (4f) | Vigil of the Nativity of St. John the Baptist (2vig) | NATIVITY OF ST. JOHN THE BAPTIST (3DO) | St. William, Ab (4f) | Ss. John & Paul, Mm (4f) | Our Lady of Perpetual Help (2f) |
| 28 _G | 29 R | 30 R | | | | |
| | | | | | | |
| 5th Lord's Day after Pentecost (2LD) St. Irenaeus. BnM | Ss. Peter and Paul, App (3f) | St. Paul, Ap (3f) | | | | |

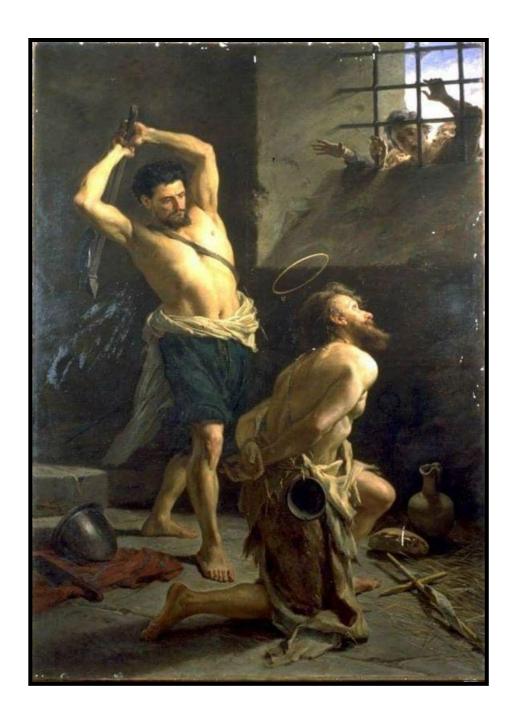


O God, who didst vouchsafe to endow blessed Anne with grace so that she might be worthy to become the mother of her who brought forth thine only-begotten Son, mercifully grant that we who devoutly venerate her memory may also be helped by her powerful intercession. Through Christ our Lord, who livest and reignest with thee in the unity of the Holy Spirit, God, forever and ever. Amen.

Seventh Month 2026

Month of the Precious Blood

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|---|--|--|---|---|--|---|
| | | | 1 R | 2 R | 3 w First 6th Weekday [Holy Hour] | 4 W First 7th Weekday [Exorcism] |
| | | | Most Precious Blood of Jesus (1f) | Ss. Processus & Martinian, Mm (4f) | St. Leo II, PC (4f) | St. Elizabeth, Queen of Portugal, W (4f) |
| 5 _G | 6 R | 7 w | 8 w | 9 w | 10 R | 11 _R |
| 6th Lord's Day after Pentecost (2LD) St. Philomena, VM | St. Maria Goretti, VM (4f) | Ss. Cyril & Methodius, BppCc (4f) | St. Aquilla and his wife Priscilla, C (3f) | The Archangels St. Michael, St. Gabriel, and St. Raphael (3f) | Seven Holy Brothers, Mm; Ss. Rufina & Secunda, VvMm (4f) | St. Pius I, PM (4f) |
| 7th Lord's Day after Pentecost (2LD) St. John Gualbert, Ab Ss. Nabor & Felix, Mm | 13 R St. Anacletus, PM (4f) | 14 G Ferial Day (3fer) | 15 W OT Women: Eve, Sara (wife of Abraham), Rebecca, Rachel, Lia, Bala, Zelpha, Prophetess Mariam (sister of Moses & Aaron), Rahab, Ruth, Judith, Susanna, Sara (wife of Tobias), Queen Esther & Prophetess Holda, HWW (3f) | 16 G Ferial Day (3fer) | Ferial Day (3fer) (Begin St. Anne Novena) | 18 R [2] Ss. Symphorosa & her Seven Sons, Mm (4f) |
| 19 _{G[3]} | 20 R [4] | 21 R [5] | 22 w [6] | 23 R[7] | 24 R[8] | 25 R[9] |
| 8th Lord's Day after Pentecost (2LD) St. Epaphras, M (3f) | St. Joseph, called Barsabas, Disciple, M (3f) St. Margaret, VM | St. Praxedes, VM (4f) | St. Mary Magdalen, HW (3f) | St. Apollinaris, BpM (4f) St. Liborius, BpC | St. Christina, VM (4f) | St. James the Greater, Ap (3f) St. Christopher, M |
| 26 _G | 27 R | 28 R | 29 w | 30 R | 31 g | |
| 9th Lord's Day after Pentecost (2LD) St. Anne, Mother of the Blessed Virgin Mary | St. Pantaleon, M (4f) St. Celestine I, PC | Ss. Nazarius & Celsus, Mm; Victor I, PM; and Innocent I, PC (4f) | Ss. Lazarus, BpC, and Martha & Mary of Bethany, Vv (3f) Ss. Felix II, PM; Simplicius, Faustinus & Beatrice, Mm | Ss. Abdon & Sennen, Mm (4f) | [Holy Hour] (Transferred from 8/7) Ferial Day (3fer) | |



St. John the Baptist, martyr invincible, for the honor of God and the salvation of souls thou didst with firmness and constancy withstand the impiety of Herod, even at the cost of thine own life, and didst rebuke him openly for his wicked life and wicked deeds. By thy prayers obtain for us a heart, brave and generous, in order that we may die for Christ if we must, and the grace to overcome all human respect and openly profess our faith in loyal obedience to the teachings of Jesus Christ, our divine Master.

Prayer to St. John the Baptist for the Spirit of Martyrdom

Eighth Month 2026

Month of St. John the Baptist

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|--|--|--|--|--|--|---|
| | | | | | | 1 w <u>First 7th Weekday</u> [Exorcism] |
| | | | | | | Ss. Peter and Paul's Chains (4f) |
| 2 _G | 3 R | 4 w | 5 w | 6 w | 7 R | 8 R |
| 10th Lord's Day after Pentecost (2LD) OT: The Seven Machabean Martyrs & their Mother, Mm | Finding of the Bodies of St. Stephen the 1st Martyr & Ss. Gamaliel, Nicodemus, and Abibo (4f) | St. Dominic, C (4f) | Dedication of the Church of Our Lady of the Snow (4f) | Transfiguration of Our Lord (1f) Ss. Sixtus II, PM; and Felicissimus & Agapitus, Mm | St. Donatus, BpM (4f) | Ss. Cyriacus, Largus & Smaragdus, Mm (4f) |
| 9 _G | 10 R | 11 _R | 12 _G | 13 w | 14 v Regular Fast | 15 w FEAST DAY OF OBLIGATION |
| 11th Lord's Day after Pentecost (2LD) St. Romanus, M | St. Lawrence, M (4f) | Ss. Tiburtius, M & Susanna, VM (4f) | Ferial Day (3fer) | Our Lady of Conquistadora (2f) | Vigil of the Assumption (2vig) St. Eusebius of Rome, C | ASSUMPTION OF THE BLESSED VIRGIN MARY (2DO/2oct) |
| 16 w | 17 w | 18 _R | 19 w | 20 w | 21 w | 22 w |
| CORONATION AND QUEENSHIP OF THE BLESSED VIRGIN MARY (2DO) St. Joachim, Father of the Blessed Virgin Mary Within the Octave | Mass for 12th Lord's Day after Pentecost Within the Octave | St. Agapitus, M (4f) Within the Octave | Within the Octave (2oct) | OT Prophets: Enoch, Samuel, Elias, Eliseus, Job, Ananias, Azarias & Misael, PRr (3f) Within the Octave | Within the Octave (2oct) | The Immaculate Heart of Mary (2f) Ss. Timothy, Hippolytus & Symphorian, Mm Octave Day of the Assumption |
| 23 G 13th Lord's Day after Pentecost (2LD) Ss. Hippolytus & Cassian, Mm | 24 R St. Bartholomew, Ap (3f) | 25 _G | 26 R | 27 _G | 28 w | 29 R |
| 30 G 14th Lord's Day after Pentecost (2LD) Ss. Felix & Adauctus. Mm | 31 G Ferial Day (3fer) | Ferial Day (3fer) | St. Zephyrinus, PM (4f) | Ferial Day (3fer) | St. Augustine, BpCD (4f) St. Hermes, M | Beheading of St. John the Baptist (3f) St. Sabina, M |



BLESSED ART THOU,

O Virgin Mary, who didst bear the Lord, the Creator of the world; thou didst give birth to him who made thee, and remainest a virgin forever. Rejoice, O Virgin Mary; rejoice a thousand times!

From the Little Crown of the Blessed Virgin Mary

Ninth Month 2026

Month of the Seven Joys of the Blessed Virgin Mary

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | Eth Woolday | 6th Woolday | 7th Woolday |
|---|---|--|--|-------------------------|---|--|
| Lord's Day | Zhu vveekuay | oru vveekuay | 4th weekday | 5th Weekday | 6th Weekday | 7th Weekday |
| | | 1 R | 2 w | 3 _G | 4 W First 6th Weekday [Holy Hour] | 5 G First 7th Weekday [Exorcism] |
| | | Ss. Boniface & Thecla and their Twelve Sons, Mm (4f) | St. Stephen, King of Hungary, RC (4f) | Ferial Day (3fer) | OT Supreme Religious Rulers: Moses, Aaron & Esdras, Rr (3f) | Ferial Day (3fer) |
| 6 _G | 7 w | 8 w | 9 R | 10 _G | 11 R | 12 w |
| 15th Lord's Day after Pentecost (2LD) | OT Judges: Debbora, Gedeon & Samson, Jj (3f) | Nativity of the Blessed Virgin Mary (2f) St. Adrian, M | Ss. Gorgonius, Dorotheus & Comp., Mm (4f) | Ferial Day (3fer) | Ss. Protus & Hyacinth, Mm (4f) | Ferial Day (3fer) |
| 13 _G | 14 R | 15 w The Most Holy Name of | Regular Fast [40 Hours' Prayers] Ember 4th Weekday (Ifer) Ss. Cornelius, PM & Cyprian, BpM | 17 _G | 18 v Regular Fast [40 Hours' Prayers] | Regular Fast [40 Hours' Prayers] Ember 7th Weekday (1fer) |
| 16th Lord's Day after Pentecost (2LD) | Exaltation of the Holy Cross (4f) | Mary (2f) St. Nicomedes, M | Ss. Euphemia, VM; and Lucy & Geminianus, Mm | Ferial Day (3fer) | Ember 6th Weekday (1fer) | Ss. Januarius, BpM & Comp., Mm |
| 20 _G | 21 R | 22 R | 23 R | 24 w | 25 w | 26 w |
| 17th Lord's Day after Pentecost (2LD) Ss. Eustace & Comp., Mm | St. Matthew, ApEv (3f) | Ss. Maurice & Comp., Mm (4f) | St. Linus, PM (4f) St. Thecla, VM | Our Lady of Ransom (2f) | Ss. Cleophas & Comp., Disciples of Our Lord, Cc (3f) | St. John, ApEv (3f) Ss. Cyprian, M & Justina, VM |
| 27 _G | 28 R | 29 w | 30 G | | | |
| 18th Lord's Day after Pentecost (2LD) Ss. Cosmas & Damian, Mm | St. Wenceslaus, Duke, RM (4f) | Dedication of the Basilica of St. Michael the Archangel (4f) | Ferial Day (3fer) | | | |



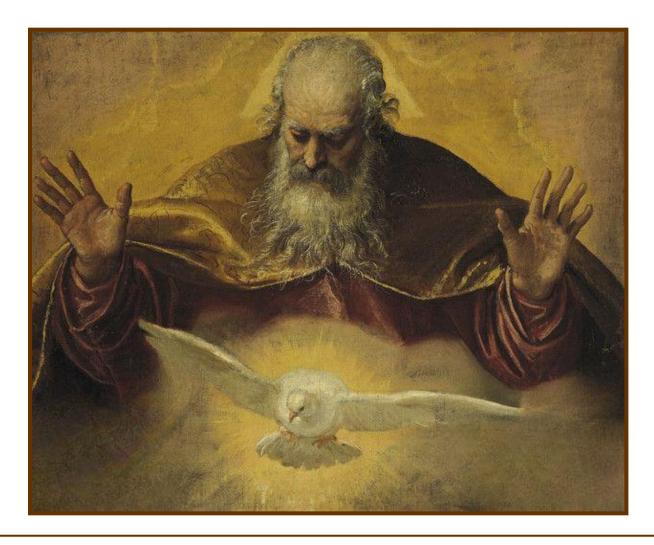
Then Josue spoke to the Lord in the day that he delivered the Amorrhite into the power of the children of Israel, and he said before them: Move not, O sun, toward Gabaon, nor thou, O moon, toward the valley of Ajalon. And the sun and the moon stood still till the people revenged themselves of their enemies. (Josue 10:12-13)

For who is God but the Lord? Or who is God but our God, the Catholic God? God who hath girt me with strength and made my way blameless, who hath made my feet like the feet of harts and who setteth me upon high places, who teacheth my hands to war. And thou hast made my arms like a brazen bow. And thou hast given me the protection of thy salvation, and thy right hand hath held me up... I will pursue after my enemies and overtake them, and I will not turn again till they are consumed. I will break them, and they shall not be able to stand. (Psalm 17:32-36, 38-39)

Tenth Month 2026

Month of the Holy Rosary

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|---|--|--|--|--|--|--|
| | | | | Regular Fast [Holy Hour] (Transferred from 10/2) Vigil of Holy Angels Day (2vig) St. Remigius, BpC | 2 w FEAST DAY OF OBLIGATION HOLY ANGELS' DAY (3DO/2oct) | 3 w First 7th Weekday [Exorcism] Within the Octave (2oct) |
| 4 G Harvest Week | 5 R | 6 w | 7 w | 8 w | 9 w | 10 w |
| Feast of Tabernacles (Succoth) (3f) 19th Lord's Day after Pentecost Within the Octave | Ss. Placidus & Comp., Mm (4f) Within the Octave | St. Bruno, C (4f) Within the Octave | Our Lady of the Most Holy Rosary (2f) St. Mark, PC Ss. Sergius, Bacchus, Marcellus & Apuleius, Mm Within the Octave | Prophet Simeon, PR & Prophetess Anna, W (3f) Within the Octave | OT Supreme Patriarchs: Noe, Abraham, Isaac & Jacob, PAa (3f) Ss. Dionysius, BpM; and Rusticus & Eleutherius, Mm Octave Day of Holy Angels' | OT: St. Melchisedec, HP (3f) |
| 11 w | 12 w | 13 w | 14 R | 15 с | 16 w | 17 _G |
| Maternity of the Blessed Virgin Mary (2f) | OT Fathers: Adam, Abel, Seth, Lot, Caleb, Tobit, Tobias & Mardochai, PAa (3f) | St. Edward, King of England, RC (4f) | St. Callistus I, PM (4f) | Mass for the 20th Lord's Day after Pentecost - transferred | St. Hedwig, W (4f) | Ferial Day (3fer) |
| 18 w | 19 _G | 20 _G | 21 w | 22 w | 23 g | 24 w |
| 21st Lord's Day after Pentecost (2LD) St. Luke, Ev | Ferial Day (3fer) | Ferial Day (3fer) | St. Hilarion, Ab (4f) Ss. Ursula & Comp., VvMm | St. Mary Salome, mother of the Apostles James & John, HW (3f) St. Cordula, VM, last of St. Ursula's companions | Ferial Day (3fer) | St. Raphael the Archangel (3f) |
| 25 w | 26 R | 27 _G | 28 R | 29 _G | 30 G[1] | 31 v [2] Regular Fast |
| Christ the King (1f) Ss. Chrysanthus & Daria, Mm Ss. Crispin & Crispinian, Mm (Pray the Hail, Christ the King prayer) | St. Evaristus, PM (4f) Mass for the 22nd Lord's Day after Pentecost - transferred | Mass for the 22nd Lord's Day after Pentecost - transferred | Ss. Simon & Jude, App (3f) | Ferial Day (3fer) | Ferial Day (3fer) (Begin the Novena to God the Father) | Vigil of All Saints' Day (2vig) |

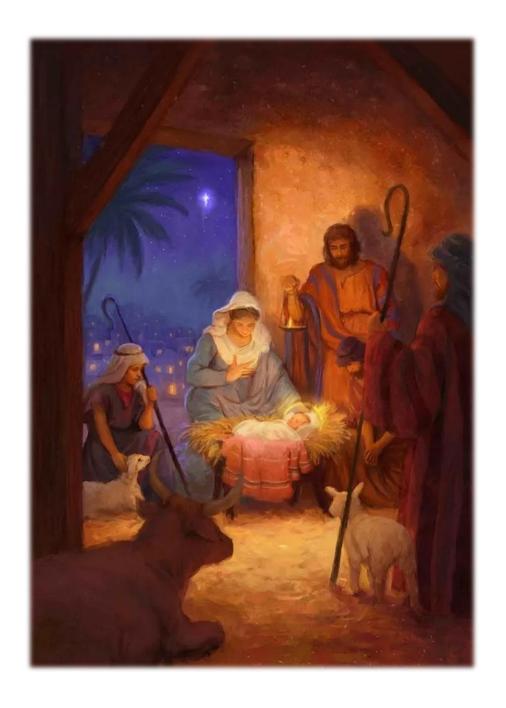


O eternal and almighty God the Father, the anchor of the most holy Trinity, who eternally begot thy Son, our Lord Jesus Christ; and from thy Son and thee the Holy Spirit proceeds; all creation trembles and bows down before thee. Grant us all the graces and other helps we need in order to know, fear, love, worship, and obey thee as our ultimate Father so that our souls may be saved, and we may see thy most holy and adorable face forever and ever in the kingdom of thy glory. This we ask through Jesus Christ thy Son our Lord, who with thee in the unity of the Holy Spirit liveth and reigneth forever and ever. Amen.

Eleventh Month 2026

Month of the Holy Souls in Purgatory

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|---|---|---|--|---|--|---|
| 1 w [3] HOLY DAY OF OBLIGATION | 2 B [4] | 3 w [5] | 4 R [6] | 5 w [7] | 6 R [8] First 6th Weekday [Holy Hour] | 7 v [9] Regular Fast First 7th Weekday |
| ALL SAINTS' DAY (3&4DO/2oct) [Begin 30-Day Prayer for the Souls in Purgatory] | All Souls in Purgatory Day (4f) Within the Octave | St. Quartus, a disciple of the apostles, C (3f) Within the Octave | Mass for the 23rd Lord's Day after Pentecost - transferred Within the Octave | Ss. Zachary, PR, & Elizabeth, HW, parents of St. John the Baptist (3f) Within the Octave | St. Winefride, VM (4f) Within the Octave | [Exorcism] Vigil of God the Father (1vig) Within the Octave |
| 8 w FEAST DAY OF OBLIGATION | 9 w FEAST DAY OF OBLIGATION | 10 w FEAST DAY OF OBLIGATION | 11 w | 12 w | 13 w | 14 w |
| FEAST OF GOD THE FATHER (1DO/1oct/1LD | GOD THE FATHER 2ND WEEKDAY (1DO/1oct) | GOD THE FATHER 3RD WEEKDAY (1DO/1oct) | God the Father 4th Weekday (1oct) St. Martin of Tours, BpC St. Mennas, M | God the Father 5th Weekday (1oct) St. Martin I, PM | God the Father 6th Weekday (1oct) St. Nicholas I, PC | God the Father 7th Weekday (1oct) St. Justinian, Holy Roman Emperor, RC |
| 15 w | 16 w | 17 _G | 18 w | 19 R | 20 w[1] | 21 w [2] |
| Octave Day of the Feast of God the Father (1oct) | St. Gertrude, V (4f) | Mass for the 24th Lord's Day after Pentecost - transferred | Dedication of the Basilicas of Ss. Peter & Paul in 4th Century AD (4f) | St. Pontianus, PM (4f) St. Elizabeth of Hungary, W | St. Felix of Valois, C (4f) [Begin Holy Souls Novena] | OT Lesser prophets: Osee, Joel, Amos, Abdias, Jonas, Micheas, Nahum, Habacuc, Sophonias, Aggeus, Zacharias & Malachias, PRr (3f) |
| 22 _{G [3]} | 23 R [4] | 24 R [5] | 25 R [6] | 26 w [7] | 27 w [8] | 28 w [9] |
| Last Lord's Day after Pentecost (2LD) St. Cecilia, VM | St. Clement I, PM St. Felicitas, M | St. Chrysogonus, M (4f) | St. Catherine of Alexandria, VM (4f) | The Purification of St. Anne (3f) St. Sylvester, Ab St. Peter of Alexandria, BpM | Our Lady of the Miraculous Medal (2f) | St. Catherine Labouré, V (4f) |
| 29 v | 30 R Light Fast | | | | | |
| 1st Lord's Day in Advent (2LD) St. Saturninus. M | St. Andrew, Ap (3f) (Begin St. Andrew Prayer) | | | | | |



HAIL and blessed
be the hour and the moment
in which the Son of God
was born of the most pure
Blessed Virgin Mary
at midnight in Bethlehem
in the piercing cold.
In that hour vouchsafe,
O my God, to hear my prayer
and grant my petitions.
Through the merits of
Jesus Christ Our Lord.
Amen.

Twelfth Month 2026

Month of the Nativity of Our Lord

| Lord's Day | 2nd Weekday | 3rd Weekday | 4th Weekday | 5th Weekday | 6th Weekday | 7th Weekday |
|---|---|--|---|--|---|---|
| | | 1 v Ferial Day (3fer) | 2 R Light Fast St. Bibiana, VM (4f) Ferial day | 3 W OT Kings & Other Rulers: Joseph, Josue, King David, King Ezechias, King Josias & Nehemias, RrCc (3f) Ferial day | Light Fast First 6th Weekday [Holy Hour] St. Barbara, VM (4f) Ferial Day | 5 w First 7th Weekday [Exorcism] St. Sabbas, Ab (4f) Ferial Day |
| 6 v | 7 v Regular Fast | 8 w HOLY DAY OF OBLIGATION | 9 W Light Fast | 10 R | 11 w Light Fast | 12 w FEAST DAY OF OBLIGATION |
| 2nd Lord's Day in Advent (1LD St. Nicholas, BpC | Vigil of the Immaculate Conception (2vig) St. Ambrose, BpCD | IMMACULATE CONCEPTION OF THE BLESSED VIRGIN (1DO/2oct) | Within the Octave (2oct) Ferial Day | St. Melchiades, PM (4f) Within the Octave | St. Damasus I, PC (4f) Within the Octave | OUR LADY OF GUADALUPE (2DO) |
| 13 v (Rose) 3rd Lord's Day in Advent (1LD): Gaudete | 14 w Light Fast Rededication of the 2nd | 15 w | 16 R Regular Fast [40 Hours' Prayers] | 17 w Regular Fast OT Major Prophets: Isaias, Jeremias, Baruch, Ezechiel | 18 v Regular Fast [40 Hours' Prayers] | 19 v Regular Fast [40 Hours' Prayers] |
| St. Lucy, VM Within the Octave Ferial Day | Temple in Jerusalem (Hanukkah) (3f) Within the Octave | Octave Day of the Immaculate Conception (2oct) | Ember 4th Weekday (1fer) St. Eusebius of Vercelli, BpM | & Daniel, PRr (3f) Ferial Day [Begin "O" Antiphons] | Ember 6th Weekday (1fer) | Ember 7th Weekday (1fer) St. Anastasius I, PC |
| 20 v | 21 R Regular Fast | 22 v Regular Fast | 23 w Regular Fast OT Machabees: | 24 v Regular Fast | 25 w FEAST DAY OF OBLIGATION | 26 w FEAST DAY OF OBLIGATION |
| 4th Lord's Day in Advent (1LD) | St. Thomas, Ap (3f) Ferial Day | Ferial Day (3fer) | Mathathias, John, Simon, Judas, Eleazar & Jonathan, RrCc (3f) Ferial Day | Vigil of the Nativity of Our Lord (1vig) Ferial Day | CHRISTMAS DAY (1DO) | WITHIN THE OCTAVE OF CHRISTMAS (1DO/1oct) |
| 27 w | 28 w | 29 w | 30 w | 31 w | | |
| LORD'S DAY WITHIN THE OCTAVE OF CHRISTMAS (1DO/loct/2LD) | Within the Octave of Christmas (1oct) | Within the Octave of Christmas (1oct) St. Thomas Becket, BpM | Within the Octave of Christmas (loct) Pope St. Hadrian I, PC | Within the Octave of Christmas (1oct) St. Svlvester I. PC | | |

On Mary's Little Remnant Catholic Calendar

The things listed in this calendar are mandatory for all Catholics who do not belong to a religious order, except for the things that are in brackets [], as they are for members of Mary's Little Remnant, although Catholics may do them also.

Mary's Little Remnant (MLR) is a Catholic lay order, formed and ruled by Richard Joseph Michael Ibranyi (RJMI), but clerics can also belong to it. It appeals to a future pope to confirm the order. It is stricter in some parts than the Catholic Church's universal rule for Catholics. (See *The Rule of Mary's Little Remnant*.)

The current nominal-Catholic universal calendar is null-and-void because apostate antipopes promulgated it. (See RJMI book *Non-Catholics Cannot Hold Offices in the Catholic Church.*) The universal calendar from the time of the last true pope, Honorius II (d. 1130), is still in force. However, I have not yet discovered a calendar from that time period. But even if I do, I would still have the right to make a calendar for my religious order, just as the Benedictines and the Uniate Eastern Church had the right to make their own calendars. Of course, this requires papal approval if possible. When it is not possible to get papal approval and there is good reason to revise the calendar, the law of epikeia allows me to revise the calendar for my religious order. In emergency situations, epikeia allows exemptions from non-dogmatic laws without the need of confirmation or a dispensation from a competent authority. (See RJMI book *Exemptions from the Law.*) The emergency situation is that the current null-and-void calendar contains the following problems:

- 1. It contains anti-saints:
- 2. It contains irreverent rankings of some holy things;
- 3. It contains out-of-sequence events (which undermines the Biblical record of these events):
- 4. It contains hardly any Old Testament saints and feasts;
- 5. It abolished the Lenten and Advent fasts;
- 6. It does not contain some New Testament era saints that should be honored;
- 7. It contains contradictions to its own laws in writing and practice;
- 8. It contains too many exceptions.

It is my hope that the next pope will confirm this calendar as the universal calendar. Until then, I can only bind my religious order to it. I can only recommend that Catholics who do not belong to my order follow it.

However, all Catholics are bound to observe the things in this calendar that are also contained in the universal calendar that was in force in the days of Honorius II. Even though I do not have that calendar, I used the information I do have that is closest to that time as the rule for what all Catholics are bound to observe and I have noted it in these rules.

The pre- and post-1960 ranking system for feasts and other days in the liturgical year are null-and-void because they were promulgated by apostate

antipopes. The pre-1960 system (as contained in 1950's missals) was a mess, contradicted itself in several places, and contained the eight problems mentioned previously. The ranking system promulgated by Apostate Antipope John XXIII in 1960 is better but included too many exceptions and contains the same eight problems. Hence my ranking system is based mostly upon the post-1960 ranking system with revisions to it. For a detailed explanation of all the revisions and additions to the calendar and the rubrics, see RJMI book *Revisions to the Roman Missal and Calendar*. As of this calendar, this book is not yet available.

Abbreviations

| Ab | Abbot | P(p) | Pope(s) |
|-------|----------------------|-----------|--|
| Ap(p) | Apostle(s) | PA(a) | Patriarch(s) |
| Bp(p) | Bishop(s) | PR(r) | Prophet(s) |
| C(c) | Confessor(s) | R(r) | Ruler(s) |
| D | Doctor of the Church | St | Saint |
| Ev | Evangelist | Ss | Saints |
| HP(p) | High Priest | V(v) | Virgin(s) |
| HW(w) | Holy Woman (Women) | W | Widow |
| J(j) | Judge(s) | (italics) | Diocesan observances |
| M(m) | Martyr(s) | [] | Not commemorated at Mass because too many commemorations |
| OT | Old Testament | | |

Rankings and vestment colors

| 1 | Limat along | for | Famial days |
|-----|-------------------|-----|------------------|
| 1 | First class | fer | Ferial day |
| 2 | Second class | LD | Lord's Day |
| 3 | Third class | В | Black vestments |
| 4 | Fourth class | G | Green vestments |
| F | Feast | R | Red vestments |
| oct | Octave | V | Violet vestments |
| vig | Vigil | W | White vestments |
| DO | Day of obligation | | |

List of Days of Obligation for Members of MLR

The current null-and-void calendar contains too few days of obligation. For example, in the fourth century the Lord's Day and the major feast days of Christmas, Epiphany, and Resurrection Day, and the seven days which preceded and followed each these three feasts were days of obligation, as well as several other days. A 1938 Roman Breviary lists the current holy days of obligation including some formerly kept. There were 35 days plus 52 Lord's Days that were days of obligation, which equals 87 days of the year. And that does not include non-universal days of obligation for specific dioceses and religious orders. The days of obligation on the MLR Calendar are shaded in yellow and purple. The non-holy-day-of-obligation feast days of the Blessed Virgin Mary are shaded in blue. While members of MLR believe the doctrines of the Immaculate Conception and the Assumption, these doctrines have not yet been infallibly defined. Apostate Antipopes Pius IX in 1854 and Pius XII in 1950 attempted to infallibly define them, but their acts were null-and-void. However, even before these attempted infallible definitions, these feasts were observed by

certain religious orders and in certain dioceses. Hence MLR observes them as feast days of obligation.

What follows is the MLR Calendar's list of days of obligation which all of its members are bound to observe. The days of obligation that are always on the Lord's Day are marked with a cross (†).

- 1. † The Lord's Day, on the 1st day of the week (1LD or 2LD)
- 2. Circumcision of Our Lord/Octave Day of Christmas, on 1/1 (1DO/1oct)
- 3. Presentation of Jesus/Purification of Mary, on 1/4 (1DO)
- 4. Epiphany of Our Lord, on 1/6 (1DO/2oct)
- 5. The Holy Innocents, on 1/7 (3f)
- 6. † The Holy Family/First Lord's Day after Epiphany (1DO/2LD)
- 7. Solemnity of the Apostles, on the 4th Weekday after the Second Lord's Day after Epiphany (3DO)
- 8. † Trinity Day (1DO/1oct/1LD), on the Lord's Day before the Last Lord's Day after Epiphany, and the two days following (1DO/1oct)
- 9. Ash Day (3DO/1fer)
- 10. Queen Esther's Saving of the Jews from Aman (Purim), 2/26 (3DO)
- 11. The Annunciation & Incarnation, on 3/25 (1DO)
- 12. † Palm Day (1DO/1LD)
- 13. Maundy Day, Good 6th Weekday, and Holy 7th Weekday (1DO)
- 14. † Resurrection Day (1DO/1oct/1LD), and the two days following (1DO/1oct)
- 15. Solemnity of St. Joseph, Patron of the Universal Church, on the third 4th Weekday after Resurrection Day (3DO/2oct)
- 16. Ascension of Our Lord, on the 40th day after Resurrection Day inclusive (1DO/2oct)
- 17. Assumption of the Blessed Virgin Mary, on 8/15 (2DO/2oct)
- 18. † Coronation and Queenship of the Blessed Virgin Mary, on the Lord's Day after the Assumption (2DO)
- 19. Holy Angels' Day, on 10/2 (3DO/2oct)
- 20. All Saints' Day, on 11/1 (3&4DO/2oct)
- 21. † Feast of God the Father (1DO/1oct/1LD), on the second Lord's Day before the Last Lord's Day after Pentecost, and the two days following (1DO/1oct)
- 22. Immaculate Conception of the Blessed Virgin Mary, on 12/8 (2DO/2oct)
- 23. Nativity of Our Lord Jesus Christ: Christmas Day (1DO/1oct), on 12/25, and the two days following (1DO/1oct)

It is recommended that Catholics take off from work, if possible, the week after Christmas, Trinity Day, Resurrection Day, Pentecost Day, and the Feast of God the Father and thus not just the two days that follow the feast day. For exceptions for Catholics living in non-Catholic nations and for work that can be done on days of obligation, see RJMI article *The Law of No Unnecessary Work on the Lord's Day*.

Old Testament Feast Days

While the Old Testament rituals and ceremonies ended and were replaced by the New Covenant rituals and ceremonies as instituted by the Catholic Church, the Old Testament festival days should still be remembered and commemorated, just as the Old Testament saints, such as (Abraham, Moses, Job, and the Machabees) should be remembered and commemorated. Hence I added three Old Testament Feast Days to the calendar. Passover is already on the calendar on Maundy Day:

- 1) In honor of Queen Esther's Saving of the Jews from Aman (Purim) on 2/3;
 - 2) Feast of Tabernacles (Sukkoth) The 4th 5th weekday in the 11th month:
 - 3) Rededication of the Temple by the Machabees (Hanukkah) on 12/14

Prayer Notations for Mary's Little Remnant

This calendar contains notations as a reminder for novenas that are prayed by Mary's Little Remnant. On the beginning day of the novena, a [1] is listed, followed by a [2] the next day, etc., to show the day for the particular novena. Other Catholics who do not belong to Mary's Little Remnant are not bound to these special prayers. For the prayer schedule for MLR, see *The Rule of Mary's Little Remnant*.

Rules for Abstinence and Fasting

- Abstinence: No meat, meat gravy, soup made from meat, or lard may be taken. The 6th weekday is a day of abstinence for all Catholics unless it is also a feast day of obligation.
- Regular Fast: One meal a day, no meat, no alcohol, no dessert.
- Light Fast: Two meals a day, no meat, alcohol and one dessert are allowed.
- Eucharistic Fast: No food or drink (except water) may be taken from three hours before Holy Communion until fifteen minutes after.
- No eating between meals on fasting days: Eating outside of the allowed meal or
 meals on fasting days is not permitted. However, water, coffee, tea, fruit juices, and
 sodas are allowed. Milk or pureed juices (such as tomato juice, V8, or smoothies)
 are not allowed outside of the meal except for milk or cream in coffee or tea.
- A regular fast 1: during Holy Week, from the 2nd weekday to the 7th weekday (6 days); 2: during Advent from 12/17 to 12/24, except for the Lord's Day (7 days); 3: on the Ember Days (9 days), except for the Ember Days during Pentecost Week (3). 4: on all vigils.
- A light fast 1) during Lent until Holy Week. No fasts on the Lord's Day and Holy Days of Obligation. 2) On the 2nd, 4th, and 6th weekday during Advent until 12/17.
- For other rules regarding fasting, such as exceptions, see RJMI book *Things Catholics Must Believe and Do*: Special rules regarding fasting.



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